

Scan if this feels familiar

Do they say you'll ruin the family's 'izzat' (reputation)?

Are you told 'log kya kahenge' (what will people say)?

Is your marriage more important than your education?

Do they check your phone to protect the family name?

Do they say a good daughter never says 'no'?

Are you told your choices will bring shame to the family?

Call for free and confidential support:

FORCED MARRIAGE UNIT - 020 7008 0151

KARMA NIRVANA 0800 5999 247

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