



Executive Summary

This year has been one of significant growth, reach and innovation for Sundial. Our charity continued to expand its educational, training and community-focused work across the South East and West Midlands, delivering a record number of sessions and deepening our impact with schools, professionals and diverse communities. As always, every workshop was delivered with a facilitator from an affected community, ensuring that lived experience remains central to our mission.

Between April 2025 and March 2026, Sundial delivered 211 training sessions, lessons, workshops and presentations, reaching at least 5,800 participants across schools, universities, community groups and professional audiences. We also launched several new lessons and safeguarding training including Expectations, Sexism and Misogyny; Dating Violence; Spiritual and Faith-Based Abuse; Handling Disclosures of Domestic Abuse from Migrant Communities; and 'Honour'-Based Abuse and Coercive Control.

These additions reflect our commitment to evolving our services in line with the realities young people and communities face. Our public online training programme also continued to grow and we participated in conferences and sector events, presenting at Oxford Brookes University's VAWG conference, the IKWRO "Power of Prevention" conference, Birmingham Against FGM, and the Crown Prosecution Service, among others. These

engagements reinforced Sundial's role as a trusted voice in prevention, safeguarding and community-led approaches.

Our Web Café series focused on 'hidden harms' this year, opening new opportunities for partnership across the West Midlands. Our 2026 postcard campaign reached 2,348 schools in the Thames Valley and Birmingham, sharing helplines to support young people experiencing online harms. Growth in our frontline education programme continued, with further workshops for the Syrian Sisters community group and new sessions with Sunrise Multicultural Project. Feedback consistently highlighted the impact of culturally grounded, dialogue-based learning, with participants emphasising trust, solidarity and shared understanding.

Finally, Sundial continued to contribute to national and regional networks, including Birmingham Against FGM, the Oxfordshire Domestic Abuse Partnership, #Push4Change group and the Harmful Practices Operational Group in London. Across all areas of our work, this year demonstrates Sundial's unwavering commitment to prevention, safeguarding, community empowerment and culturally informed practice. Our reach has grown, our partnerships have deepened, and our impact continues to be shaped by the voices and experiences of the communities we serve.

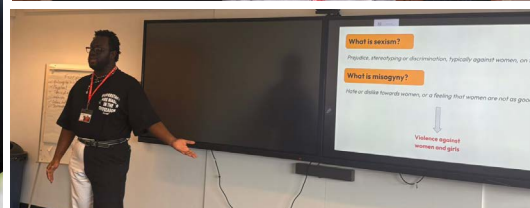
Thank you for your support.
The Sundial Team

Education on harmful practices

Sundial provided 211 training sessions, lessons, workshops and presentations for schools, community groups and services, with audiences totalling over 5800 participants across the Thames Valley and West Midlands. We always deliver workshops with a facilitator from an affected community, who brings lived experience to learning. We also offer online workshops for the public. Evaluation of our training consistently demonstrates that participants gain greater knowledge and confidence in tackling harmful practices following our workshops.

They included 36 Female Genital Mutilation (FGM)-related sessions, 25 'Honour'-Based Abuse (HBA)- and Early and Forced Marriage (EFM)- related training sessions and 63 body image related training sessions, which included other aspects of this topic such as beauty standards, pornography, and online harms. In the last year, we also created and began to provide several new lessons and safeguarding training, including 23 lessons on 'Expectations, sexism and misogyny', 19 lessons and one safeguarding training on 'Dating violence', 8 lessons and safeguarding sessions on 'Spiritual and faith-based abuse', 1 session on 'Handling disclosures of domestic abuse from migrant communities', and 1 session on "'Honour"-based abuse and coercive control'. We also provided 3 sessions to professionals on 'No recourse to public funds', and 2 sessions on 'Intersectionality and domestic abuse'.

Find more information about our 2025-2026 workshops in our [Training and Workshops Evaluation Report](#).





Schools and organisations reached

- Activate College Progress Coaches
- Activate: Banbury & Bicester College
- Activate: Blackbird Leys College
- Activate: Bracknell College
- Activate: Farnham College
- Activate: Guildford College
- Activate: Merrist Wood Campus
- Activate: Reading College
- Asylum Welcome
- Birmingham City Council - schools Designated Safeguarding Leads
- Botley School
- Cheney School
- Chipping Norton School
- Cowley Medical Practice
- D'Overbroecks College
- Didcot Girls School
- EMBS
- Holmer Green School
- Jubilee Wood Primary School
- Knowles Primary School
- Lordswood Boys School
- Lynch Hill Enterprise Academy
- Metropolitan Police
- Oxford High School
- Oxfordshire Children's Safeguarding Partnership
- Oxfordshire Domestic Abuse Champions
- Sandwell College
- Shireland Biomedical UTC
- South & City College Birmingham (Hall Green, Digbeth, Bordesley Green, Handsworth, Golden Hillock, Longbridge Campuses)
- Sunrise Multicultural Project
- Thames Valley Immigration Alliance
- The Hazeley Academy
- Thomas More Catholic School
- UK Border Force
- Voices of Hope
- Waddesdon Primary School
- Wokingham Borough Council
- Wyken Croft Primary School

211
Sessions
delivered

Over
5800
participants
reached

2348
Postcards sent
to schools

Conferences and working group presentations

Asylum Welcome and Thames Valley Immigration Alliance:	No Recourse to Public Funds and Domestic Abuse
Oxford Brookes University- VAWG conference:	FGM, HBA and Forced Marriage Training
IKWRO Conference:	The Power of Prevention
Crown Prosecution Service:	Barriers to Reporting FGM
Birmingham Against FGM:	FGM Panel



Web Cafes

Our regular series of Web Cafes provide a safe, informal online space for communities and professionals to meet, share learning and provide mutual support on sensitive topics. During our Hidden Harms Web Cafe series, we were pleased to partner with organisations and survivors based in the West Midlands to spotlight harmful practices affecting communities in this area and share learning around support, best practice and prevention.

The sessions included 91 external participants and received very positive feedback regarding how helpful, timely and informative the sessions were.

- FGM with DORCAS
- Forced marriage with Rubie Marie
- Dowry abuse with Sukhivinder Kaur (Sikh Women's Aid)
- Transnational marriage abandonment with Mindy Mahil
- The importance of RSE and conversations on misogyny with Darius Smith (Make it Mandatory)
- 'Honour'-based abuse with Shamida Liaqat
- Conversion therapy with Deenah al-Aqsa (Hidayah)
- Faith- based abuse - Indian Subcontinent Communities with Sukhivinder Kaur (Sikh Women's Aid)
- Spiritual/faith-based abuse within the Church with Gem Wilkins-Ross (Safe Spaces) and Lea (Sundial)
- Hidden harms and women's bodies: perceptions and treatment with Dr Huda Syyed



SUNDIAL
Hidden Harms Web Cafes

Spiritual Abuse - a conversation with Gem Wilkins-Ross 26th Feb 12-1pm on Zoom

Gem has a career of over a decade working with both survivors & perpetrators of domestic abuse & sexual violence specialising in the responses and impact of trauma. She has lectured in Criminology and delivered training on how to most effectively work with survivors of abuse. Gem joined Safe Spaces in 2022 and has grown with the service raising awareness of spiritual abuse and its impacts, advocating for survivors and encouraging awareness and understanding within the church community.

Please join us!

Zoom ID: 861 1325 0327
Passcode: 075203
Or email dats@sundialcentre.org for link

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SUNDIAL
Hidden Harms Web Cafes

Hidden harms & women's bodies: Perceptions and treatment 5th March 12-1pm on Zoom

- a conversation with Dr Huda Syyed

Dr Huda Syyed is an interdisciplinary researcher, educator and writer with a focus on gender-based violence, international relations, culture and context of women's bodies and Female Genital Cutting (FGC). Huda continues her research and ethics by working with organisations and academics for community-based solutions and is the founder of Sobana Sisters Collective which focuses on collaborative support, knowledge sharing and mentoring. Huda continues to work towards efforts and awareness of FGC in South Asia. Her academic and advocacy work is grounded in care, context and community.

Please join us!

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SUNDIAL
Hidden Harms Web Cafes

Conversion therapy - a conversation with Deenah al-Aqsa 12th Feb 12-1pm on Zoom

Deenah has been with Hidayah LGBTQI+ for over five years and is currently Programmes Officer, having organised more than 30 events for the organisation. Deenah describes herself as a proud Muslim lesbian and intersectional feminist, she has written about her experience for publications including Lessons Magazine, Queer AF and The Metro. She is passionate about tackling inequalities, particularly those faced by people who identify as queer Muslims, and raising awareness through education and harnessing community spaces.

Please join us!

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HBA and coercive control



Case study: 'Honour'-Based Abuse and Coercive Control Safeguarding Training with the Metropolitan Police



Rashmi, Rubie and Vania at Charing Cross Police Station training police officers in December 2025

As part of the '16 Days of Activism', Sundial Centre provided the Metropolitan Police with a safeguarding training session on the topic of 'honour'-based abuse and coercive control. This new workshop was developed by Vania Martins, our Domestic Abuse Specialist with significant frontline experience, and Rubie Marie, Sundial Ambassador, Anti-HBA Facilitator and survivor of HBA and forced marriage. This new session was developed to support professionals to recognise the indicators of HBA and how these intersect with coercive and controlling behaviour, and to help identify children and adults at risk, as well as survivors. The workshop explores "honour codes" in affected communities and allows professionals to build the confidence to sensitively safeguard and support those they work with.

This workshop is now being marketed to other police forces and frontline service professionals to ensure they are fully equipped to safeguard potential victims and survivors.

FEEDBACK



We received highly positive feedback from PC Carla Snook, Harmful Practices Advisor:

"Rubie, Vania and Rashmi recently visited us at Charing Cross Police Station to deliver a talk on Honour Based Abuse and CCB. From the outset, the Sundial Centre were very engaging, and listened to our needs as an organisation, to deliver a 'bespoke' presentation to us. Officers who attended, commented on how impactful the presentation was, particularly the lived experience shared by Rubie, and how the theme of her story was incorporated throughout the training. All trainers were absolutely knowledgeable in their field, and delivered the training with a relaxed, approachable manner. We would thoroughly recommend this training to other police services, and agencies who may come across Honour Based Abuse."



**METROPOLITAN
POLICE**



Sundial Conference

On 20 June 2025, we hosted our conference, 'The Fabric of Shame', at Milton Hill House, to mark our ten-year anniversary. The event brought together 80 people, including survivors, practitioners, educators, researchers and community leaders, to explore how shame, reputation and 'honour' operate within harmful practices. The conference had a strong emphasis on survivor voice and lived experience.

Feedback described the conference as "powerful" and praised its emotional impact, strong organisation and high-quality speakers. It fostered deep reflection, learning and motivation to drive change across sectors working on harmful practices.

As part of this, we also partnered with Banbury College students who designed and created our special tablecloths for display at the conference, following participation in our workshop on 'honour'-based abuse.

Supporting an intersectional approach to tackling abuse



Specialist Harmful Practices MARACs: Presentation from Bushra Akhtar, VAWG Officer at Royal Borough of Kingston upon Thames on their MARAC structure, nominated as a good practice case study by the COACTION HUB.

Modern slavery: Presentation on services from Amy Buchan-Symons, Service Delivery Manager at Anti-Slavery Initiative Oxford (ASIOX).

HBA in African Communities: Presentation by Jacqui Mukono, from Project Salama, and Cecily Mwaniki, from Utulivu women's centre.

Diverse Worlds

We continue to lead the multi-agency group, Diverse Worlds, which has merged with Diverse Communities Working Group in Berkshire, that also covered Surrey Heath, North East Hampshire and Farnham. Our membership is now open to services and agencies across these areas and the Thames Valley.

Our meetings included discussions on the following:

'BAMER' Project review: In early 2025, Sundial conducted a mini review of the 2020 Home Office-funded 'BAMER' Project implementation (with the professionals involved in delivery).

We also continue to maintain a Resources Bank, a free, downloadable toolkit with an evolving list of web resources to support work on types of domestic abuse and harmful practices. The resources can be sorted and selected according to protected characteristics, language and topic.



Frontline education programme

We delivered a second series of healthy relationships workshops for the Syrian Sisters community group in Oxford. The workshops covered topics including femininity and gender roles, raising children, 'honour' and abuse, forced marriage, safety and support. The discussions gave the women space to verbalise conflicting pressures in different cultures and perceptions of psychological and financial abuse.

Sundial also worked with Sunrise Multicultural Project to provide workshops for their women's group on 'honour' based abuse, cultural norms, healthy relationships, wellbeing and self-esteem. Evaluation feedback highlighted consistently high levels of enjoyment and engagement across all workshops and the feedback confirms the positive impact of culturally appropriate, dialogue-based and wellbeing-focused group work.





Going the extra mile...

In addition to a packed calendar of training, awareness-raising and education events, Sundial is a member and contributor to:

- Birmingham Against FGM,
- Birmingham PCC Hidden Harms group
- The Oxfordshire Domestic Abuse Partnership (OxDAP)
- The Oxfordshire Domestic Abuse Strategy Group
- Home Office's Anti-FGM Stakeholder Group and VAWG Stakeholder meeting
- Harmful Practices Operational Group in London
- #Push4Change group
- Collaboration with the University of Birmingham - LEAF Project (exploring 'Language in education about FGM' in the West Midlands).



Our Team

- Kate Agha - CEO
- Dr Kate Clayton-Hathway - Director of Research and Evaluation
- Dot Pritchard - Operations Manager
- Vania Martins - Domestic Abuse Specialist and Harmful Practices IDVA
- Dr Alexis Hawthorne - Research and Operations Coordinator
- Rashmi Lokapure - Lead Trainer
- Rubie Marie - Ambassador and Anti-HBA Facilitator
- Kaddy Touray - Key Activist and Anti-FGM Facilitator
- Babs Ceesay - Anti-FGM Facilitator
- Emma Woods - Body Image Facilitator
- Fatou Ceesay - Anti-FGM Facilitator
- Jhon Reyes - Body Image and Pornography Facilitator
- Lea Menezes - Anti-Spiritual Abuse Facilitator
- Mariama Sallah - Anti-FGM Facilitator
- Zahid Bhatti - Anti-HBA Facilitator
- Darius Smith - Anti-Misogyny Facilitator
- Regina Williams - Anti-FGM Facilitator
- Hemm Mustafa - Community Group Facilitator
- Adam French - Anti-Misogyny Facilitator

Current Trustees

- Inderpal Kaur-Singh (Chair)
- Ahd Hassan
- Richard Coleman
- Claire Webster
- Seiza Bashir
- Aisha Darr



How to donate



Please support us in helping prevent harmful practices and support survivors living in the Thames Valley and West Midlands. Every donation we receive makes a significant contribution towards continuing our work. Our overheads are minimal as we do not have regular office space. You can therefore be reassured that your donation will directly contribute to our work to tackle harmful practices.

You can donate to Sundial Centre for Education on Harmful Practices:

- Online via our website: <https://www.sundialcentre.org/donate/>
- Make a single donation by bank transfer, or set up a regular donation by standing order
Account name: Sundial Centre for Education on Harmful Practices
Account number: 33389952
Sort code: 20-97-48

For more information visit our website: www.sundialcentre.org

Our supporters





Artwork by Maiya Bradbury, aged 17